

Joint Health and Wellbeing Strategy 2017 - 2022

Mike Sandys, Director of Public Health

Developed in response to the consensus that the Health and Wellbeing Board needs:

- More effective collaboration to get the best outcomes and use of resources
- A joint vision and shared aims and ambition
- To take a proactive approach to the issues particularly where progress is not on track

1. The people of Leicestershire are able to take responsibility for their own health and wellbeing;
2. The gap between health outcomes for different people and places has reduced
3. Children and young people in Leicestershire are safe and living in families where they can achieve their potential and have good health and wellbeing;
4. People plan ahead to age well and stay healthy and older people feel they have a good quality of life;
5. People know how to take care of the mental health and wellbeing of themselves and their family

The people of Leicestershire take responsibility for their own health and our communities inspire and enable good choices for all

We will:

Use our influence to improve the external factors that affect people's health and wellbeing focussing on housing and employment.

Inform and advise people on how to stay well and provide targeted support for those most at risk of poor health and wellbeing

Provide care closer to home and enable local communities to help themselves through strong and vibrant community networks

Recognise, value, involve and support carers of all ages

The gap between health outcomes for different people and places has reduced

We will:

Improve our understanding of the people with the worst health outcomes and most at risk; who they are and where they are

Use evidence to improve the targeting of activity to reduce health inequality between people and places based on local need

Work in partnership to improve outcomes for people with disabilities throughout their lives

Children and young people in Leicestershire are safe and living in families where they can achieve their potential and have good health and wellbeing

We will:

Ensure the best start in life for children and their families

Work proactively in partnership to keep children and young people safe and free from harm and sexual exploitation

Support those families identified as most troubled to become self-sufficient and resilient

Children with special educational needs and/or disabilities, and their families receive personalised, integrated care and support to become increasingly independent.

Children in Care experience good physical and mental health

People plan ahead to age well and stay healthy and older people feel they have a good quality of life

We will:

Improve the diagnosis and management of long term conditions

Plan for the ageing population and the needs of the increasing number of frail elderly people

Enable older people to keep safe, well and healthy with independence and connection to their community

Encourage people to plan for the end of their life and support their choices

Mental health and wellbeing is given equal priority to physical health and wellbeing throughout the life course

We will:

Provide positive mental health promotion and improve awareness of risk factors

Improve access to mental health services for all ages

Increase the early detection and treatment of mental health and wellbeing needs of children and young people with

Improve dementia diagnosis and support

- ❑ Existing Strategy does not cover delivery in detail
- ❑ Performance framework is large and due for review and refocus
- ❑ Opportunity to capture existing joint working against priorities and highlight gaps
- ❑ Provides opportunities for partners outside the Board to see how the issues are being addressed and where they can contribute

- ❑ Approach approved by Health & Wellbeing Board on 7th July
- ❑ Wider engagement July/August on priorities and delivery plan
- ❑ Final draft approved by Health and Wellbeing Board on 15th September 2016
- ❑ Intention to draft a 'delivery plan' during wider engagement process with all partners, and tweak strategy to reflect gap in STP alignment and changes in STP governance structure – for April HWBB development session